



SOWV offers official Golf competition in Individual Skills, Individual Stroke Play (18 Hole) and Unified Alternate Shot Team Play (18 Hole)

- Athletes are responsible for providing his/her own equipment, including:
 - A set of clubs (No more than 14 clubs)
 - A golf bag
 - Golf balls
 - Tees
 - Divot Repair Tool (Not required for Level 1)
 - Ball Marker (Not required for Level 1)
- Appropriate golf attire is required for all levels of play.
- No metal spikes are allowed.
- All players must be capable of playing independently and walking the entire 18-hole round for Levels 3 and 5 play.

Level 1 – Individual Skills:

- Athletes will compete in all skills events offered.
- Skills contest consists of:
 - Short Putt
 - Long Putt
 - Chip Shot
 - Pitch Shot
 - Iron Shot
 - Wood Shot

Level 3 — Unified Sports Alternate Shot Team Play Competition (18 hole)

- A team shall consist of one athlete with an intellectual disability and one Unified Partner without an intellectual disability.
- The players play alternately from the teeing grounds and then alternate strokes until the ball is holed, or until 10 strokes have been played.
- Athletes and Unified Partners are required to submit the most recent six scores over 18 holes.



Level 5 — Individual Stroke Play Competition (18 hole)

- Athletes are required to provide their own caddies.
- If a 10th stroke is played without holing the shot, the player will record a score of 10x and proceed to the next hole.
- Athletes are required to submit a verified handicap or the most recent six scores over 18 holes.

For all rules and regulations, see [SOI Golf Sports Rules](#)