

DANCE PERIOD

Dance and Raise Money!



What is it?

Goal: Get as many students as possible in the gym to dance and have fun during school!

How: Choose a class period that works best with your school and allow students to pay \$5 to get out of class for that period and attend a dance in the gym. Students can dance, run/walk around the gym, and play small games that are set up around the gym.

Materials needed:

Sound system

Music playlist

Games to set up around gym

Table for snack/drinks (if you choose to have them)

Gym

Envelope or jar to collect money

TIPS

Add Awareness

Take a few minutes of the event to talk about awareness or have an R-Word banner for students to sign.

Have snacks!

Ask local grocery stores to donate light snacks and water.

Get teachers on board!

Talk to teachers ahead of time so they don't schedule any tests that day.